Central Wisconsin Health Partnership (CWHP) Regional Comprehensive Community Services (CCS) Coordinating Committee Meeting

Wednesday, June 7th, 2017, 2017, 10:00 – 12:00 Waushara County Courthouse, Wautoma

Present: Melissa Winsor, Allison Else, and Kelly Oleson – Adams County; Gretchen Malkowsky and Jason Jerome – Green Lake County; JoAnn Geiger, Amanda Negaard, Tim Cottingham, and Scott Ethun – Juneau County; Mandy Stanley, Tancy Helmin, Corbi Stephens, and Clint Starks – Marquette County; Chuck Price, Sherrie Nichols, Jill Amos-Polifka, and Jan McDonough – Waupaca County; Karen Dahlstrom, Dawn Buchholtz, and Tanya Amos – Waushara County; Lori Martin – White Pine Consulting Service

1. Welcome and Introductions

• Meeting called to order by Tim Cottingham, Committee Co-Chair, at 10:05.

2. Approval of agenda

• Tancy Helmin made a motion to approve the agenda; Mellissa Winsor seconded; all in favor; motion approved.

3. Approval of meeting minutes from April 19th, 2017 meeting

• No corrections or additions were noted. Mellissa Winsor made a motion to approve the 4/19/17 meeting minutes; Tim Cottingham seconded; all in favor; motion approved.

4. Consumer / community member updates, including initial consumer / citizen meeting

Tancy shared an update. Several consumer/community members of the Committee met earlier this
morning for the first of what is planned to be ongoing gatherings. The purpose of the group is to
provide a forum for relationship building, support, and an opportunity to discuss topics of interest to
the regional CCS initiative. The group also discussed potential projects including reviewing the 2016
consumer satisfaction survey summary and providing feedback. The group is planning to meet again
from 9:00 to 10:00 on August 2nd - prior to the Regional Coordinating Committee meeting which begins
at 10:00.

5. County Updates

- Adams currently serving 38 individuals in CCS. One of their service facilitators is leaving her position
 she has the opportunity to stay at home with her child. The position has been posted; they currently
 have three strong candidates.
- Green Lake currently serving 32 individuals; 2 in referral. One participant who was involved for several years with CCS and was discharged is now requesting CCS again. Currently training a staff member to be a half-time facilitator. Beginning a weekly exercise / nutrition group. A consumer recently shared her story with the CCS Coordinating Committee in preparation to present to the County Human Services Board.
- **Juneau** currently serving 42 individuals; 9 in referral. The Human Services Board approved another service facilitator position; the next step is to take the request to the County Board. Weekly gardening group started this week, goes through October. Also have an art group that includes both the CCS and Community Support Programs, which is well attended.
- Marquette currently serving 24 individuals. There is a school social worker with the Marquette School District who is interested in being a psychosocial rehabilitation worker, and is willing to work

- weekends during the school year throughout the region. Corbi is also working toward her CCS orientation training hours.
- Waupaca Ted has been hired as a service facilitator. Jan is currently serving 9 consumers. There are 5 Coordinated Services Team (CST) care coordinators who will be serving CCS consumers. Referrals continue (22 total).
- Waushara currently serving 43 individuals; 5 in referral. Dawn requested and got an additional service facilitator position passed through Human Services Board and will be making the request to the County Board. A walking group has been formed (CCS and CSP); and a mindfulness group is staring this week.

6. Juneau County's Contract Liaison Report - Scott Ethun and JoAnn Geiger

- White Pine transition Dan Naylor is semi-retiring; as of June 1^{st,} he is ½ time at White Pine. Beginning January 2017, Dan started transiting out of his CCS co-coordination role, with Lori taking on more responsibility. His involvement from this point forward will be on an as-needed basis. As an example, he is facilitating a workshop for the region on youth-guided practice in August.
- There will be a surprise gathering in Dan's honor on Friday, June 23rd between 3:00 & 5:00 at the White Pine office in Waupaca. Lori will send an email invitation committee members.
- Scott shared his experience attending a Medication-Assisted Treatment (MAT) workshop he attended. A physician spoke to the benefit of combining behavioral health and physical health treatment.
- Scott inquired how the region is doing related to CCS billing. Lori has been in communication with sites related to 2016 reconciliation no problems reported. She has also received feedback that 2015 reconciliation went smoothly.

7. Regional Coordinator Report

a) Regional Meetings sponsored by the Division of Care and Treatment Services

- Pat Cork, Administrator of DMHSAS and several of his staff representing CCS, the Division of Care
 and Treatment Services, Division of Quality Assurance, and Health Care Access and Accountability
 facilitated meetings in each of the 5 DHS state regions. Lori highlighted two of the items on the
 agenda:
 - Effective May 1st, 2017, county and tribal CCS programs can receive MA reimbursement for
 providing residential substance abuse treatment. Individuals must be both eligible for and
 enrolled in CCS as well as eligible for treatment in a medically monitored treatment service
 facility (DHS 75.11) or transitional residential treatment service facility (DHS 75.14). If
 eligible, MA will reimburse services provided that appear on the CCS Service array (MA will
 not pay for room and board). More information can be found in the May 2017
 ForwardHealth update.
 - As a result of County and Tribal feedback, DHS is considering opening up and revising the DHS
 36 rule. Initial discussions at DHS are considering the value of having one Psychosocial
 Rehabilitation Rule to cover CCS, CSP (Community Support Program) and CRS (Community
 Recovery Services). If taken on, the process is estimated to take a minimum of 2 years.

b) Training Subcommittee Report

- Recent workshops 2 regional CCS workshops were held on May 3rd at the Community Center in Adams:
 - A CCS Provider Orientation workshop facilitated by Lori Martin, Amanda Negaard, and Tancy Helmin was attended by 22 CCS providers from across the region
 - A Quality Case Note workshop facilitated by Tanya Amos which was attended by 39 providers from across the region.

- Evaluations from both workshops were overall very favorable
- Updated schedule the regional CCS training schedule through the end of 2017 has been complete. Lori noted that the Person-Centered Recovery Planning workshop originally planned for July has been moved to August due to presenter availability.
- Development of a provider handbook at the May 25th committee meeting, the group reviewed sample Table of Contents from Dane County and the Western Region Integrated Care CCS Consortium that includes La Crosse, Monroe, and Jackson Counties. Lori emailed the full sample handbooks to the Committee for review. The topic will be included on the next training committee agenda.

c) Quality Improvement (QI) Subcommittee Report

- Individual Placement and Support (IPS)
 - The QI committee has discussed IPS as a possible option for the region, and Lori offered to look into it further. In early May she spoke with Bob Meyer, an IPS trainer through UW-Madison.
 - Individual Placement and Support (IPS), also known as supported employment, is a type of employment program that helps individuals with severe and persistent mental illnesses. A few key elements include:
 - A trained employment specialist who helps clients obtain jobs
 - Closely integrated with mental health treatment, including involvement on multidisciplinary teams
 - attention to client preferences and choices
 - Allison and Gretchen shared their experience with IPS and the CSP program.
 - Chuck commented on the Waupaca Industries model and the transition that will be taking place; there may be a pool of individuals who would have the skills to help the region.
 - Next steps Lori will attend the 9:00 noon IPS overview session at the annual IPS meeting in Madison on June 12th
 - If there is interest, Bob has offered to come to the region and do a presentation and answer questions. Committee members expressed interest; Lori will invite Bob to the August Committee meeting.
 - Lori also offered to follow-up with Kristin Skolnik regarding the Western Region Integrated Care's experience integrating IPS with their regional CCS.

CCS Statewide Toolkit

• Over the past 6 months, Lori has been involved on regional and statewide workgroups tasked with the development of a "CCS Toolkit" for use by sites. A set of initial tools including much of the initial paperwork and the Assessment and Recovery Plan, was shared at the CCS Statewide Meeting on April 12th. Several of the tools were based on tools already being used by our CWHP region, and a few are new. The QI Committee reviewed the tools and discussed should be modified for use in our region. Lori is making initial edits based on the committee's recommendations. These second drafts will be sent to the QI committee for further review and possible piloting.

2016 CCS Program Survey

The State Division of Care and Treatment Services (DCTS) requires all CCS sites to complete
an annual survey that asks for information related to enrollment, discharge information,
medical conditions and substance use, use of Evidence-Based Practices, and suicide risk
screening and assessment. Similar to data for 2015, each individual county will submit

their data for 2016 to the DCTS through an online system. Lori will then request the data from the DCTS and develop a regional report for review by the QI committee and Regional Coordinating Committee. 2016 survey data is due to the DCTS by June 16th.

8. Certified Peer Specialist Certification

- Lori shared an update from Joann Stephens: The new Certified Peer Specialist curriculum (for peer specialists working with adult consumers) was finalized early this spring and 12 peers from around the state were trained to deliver the curriculum. The DCTS is sponsoring 8 trainings by the end of this year, three of which are already past. A DHS sponsored training means that the state will pay the cost of the consumer to attend the training, hotel, food and mileage. They cannot pay the consumer for their time to attend the training, however. We can keep track of upcoming training announcements here:
 http://www.wicps.org/training-schedules.html
- The Parent Peer Specialist curriculum is currently in development. It should be finalized by the end of July. An announcement will be coming out shortly to solicit trainers for the PPS curriculum so that statewide trainers can be identified and selected by the time the curriculum is being finished. There will be a PPS train the trainer in early fall and hopefully 1 to 3 PPS trainings will be held before the end of the year or early next year. DHS anticipates that they will sponsor some PPS trainings as well.
- Access to Independence in Madison has the contract with DHS for the CPS and PPS certificates. If consumers or counties have questions they can contact Alice Pauser for Certified Peer Specialist information or Bob Fredericks for the Parent Peer Specialist information.
- Dawn suggesting looking into the application process to see if interested individuals could apply for training prior to specific dates / locations being announced. Lori agreed to research this.

9. PR with Legislators / Community CCS Presentation

• Committee is interested in revisiting the issue at the August meeting, with the possibility of planning an event in the Fall.

10. Other

- Youth Crisis Stabilization Update
 - Joint finance approved request to establish a youth crisis stabilization facility (DHS) 8-bed, possibly up to 5-day. DCF may also plan to open a facility.
 - In-home representatives from Sauk, Columbia, Marquette, Green Lake, and Waushara Counties
 met with Lutheran Social Services (LSS) and Secretary Anderson on May 18th. Secretary Anderson
 followed up with Mandy and Dawn Woodard (Columbia County) with questions. LSS is hoping to get
 a final proposal to Secretary Anderson later this week. Dawn shared a brief overview: the DHS 34
 Crisis team responds to a crisis, and if appropriate, the decision can be made to avoid hospitalization
 and contact a member of LSS staff to go into the home and provide stabilization services with the
 youth/family.

11. Next meeting – Wednesday, August 2nd, Waupaca County Courthouse, 10:00 – noon

- Sherri made a motion to adjourn, Melissa seconded the motion; all in favor, motion passed.
- The meeting adjourned at 11:30